

From the Tutorial Office
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Important Information about College Welfare and Wellbeing Support

Dear Murray Edwards Fresher,

Hello, my name is Sooz, I am the Head of Wellbeing in the College. I am making contact prior to your arrival to give you some information about welfare and wellbeing support in College. We have a great welfare team at Murray Edwards, who are here to support you throughout your time with us.

Tutors

During your studies at Murray Edwards, you will be assigned a personal Tutor, who will be your advisor for welfare-related, personal and financial matters. Tutors are academics who are not involved in any of your teaching. The name of your Tutor will be sent to you soon, and you will be introduced to them on the day of your arrival (at 3pm on the day of your arrival).

Head of Wellbeing

I am available to meet to talk with you about your wellbeing and can offer 1-to-1 support. I can also advise and help you access further support, if

If you are unable to attend sessions on the days the counsellor is available, or you would prefer to have counselling outside of college, the university also offers counselling through the University Counselling Service (more details can be found on their website [University Counselling Service | Student Counselling \(cam.ac.uk\)](http://www.universitycounselling.cam.ac.uk))

Disability support at Cambridge

The ADRC supports access to teaching and learning for all disabled students. The ADRC uses the term disabled students to include all those who experience barriers in accessing education due to having or being considered to have an impairment. This includes students with specific learning difficulties such as dyslexia, dyspraxia or AD(H)D, students with mental health conditions, phys